



SATYA/ADMN/CIR/2023-24/057

July 28, 2023

Health Advisory

EYE-FLU

About the diseases

Eye flu is also known as pink eye and conjunctivitis. It can spread from an infected person to another.

Symptoms

- Sudden onset of foreign body sensation.
- Red eyes
- Itching
- Light sensitivity
- Burning
- Watery discharge

Incubation Period

- Symptoms usually appear 24 to 72 hours after exposure for bacterial conjunctivitis, and 5 to 12 days for viral conjunctivitis.

Preventive Measures

- Washing hands and face regularly
- Not touching eye frequently
- Hygienic surroundings can prevent spread of eye flu
- Parents should encourage children to wash their hand frequent intervals
- Do not share your handkerchiefs with other kids and avoid touching your eyes

Mode of Transmission

- Hand-to-eye contact.
- By hands or objects that are contaminated with infectious virus.

Treatment

- Using artificial tear or lubricating eye drop, can help keep the eyes moist and reduce discomfort cause by dryness
- Consult the doctor in case of excessive redness and itching

STAY HEALTHY, STAY SAFE!

SCHOOL INFIRMARY

Satya School

E-Block South city-II, Sector -49, Gurgaon-122018, Haryana (India)

Tel: 95607 93697, 83760 30644, Landline: 8448993772/73/74

E-mail ID: info@satyaschool.com Website: www.satyaschool.com