April 1, 2024



Dear Parents,

Namaste!

Swimming is an essential life skill and a great recreational sport that can be enjoyed by people of all ages. With the onset of Session 2024-25, we shall now be commencing the swimming lessons for **Grades I to XII**, with effect from Thursday, April 11, 2024.

The students must carry the following duly labelled items on the day of their swimming lessons:

- Swimming one-piece costume/ Swimming Trunks
- Swimming cap
- Towel
- Floaters on the day of their swimming session.
- Swimming goggles

The rules to be followed during the swimming lessons are as follows:

- Comply with all the instructions displayed around the pool.
- Observe the rules of personal hygiene displayed all over the swimming pool area.
- No student displaying any medical ailment symptoms/dermatological disease will be allowed inside the pool.
- People with extended abrasions, blisters or open wounds should get information about the risk of infection and avoid entering the swimming pool.
- All Medical Alert Notification cases are required to submit papers to the Home Room Teacher duly signed by the doctor for school records.

Once the swimmers are inside the pool, they will -

- Take an obligatory shower before and after using the swimming pool.
- Wear waterproof headgear (swim cap).

Protocols During Practice

- The bathrooms will be constantly cleaned and sanitized between practices.
- The students must NOT share any personal belongings with their friends.
- Swim bags to be taken home after every practice.

You are requested to fill in and return the attached **Consent Form and Medical Certificate by Monday, April 8, 2024** to enable your ward to avail the facility. We will not be able to permit the use of the swimming pool without the requisite forms. Please encourage your child to participate and make use of the all-weather swimming pool.

Warm regards,

Muchatra

Manisha Malhotra Director Principal

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PARENT CONSENT FORM

I, Mr. / Mrs. parent of parent of student of class of Satya School, Gurugram do hereby give my willing consent for my ward to use the swimming pool. I understand that the school will take utmost care. We indemnify the school in case of any unforeseen circumstances.

Signature

Mobile Number

Date

(Name of the parent)

Note –The school will take all safety precautions while conducting swimming, including the presence of 2 qualified swimming coaches, 2 lifeguards, security guard, lifebuoys and inflated tubes. The swimming activity will be properly supervised. However, swimming can only be permitted on receipt of the signed parent consent form.

MEDICAL CERTIFICATE

Date.....

Doctor's signature Name & Stamp with Regn. No. Note: This certificate must be signed by a registered MBBS doctor.