SATYA/ACAD/CIR/2025-26/003 **April 02, 2025**

Dear Parents,

Namaste!

As we are preparing to commence our new academic session, we are excited to introduce a fresh approach to our physical education program.

This year, we are providing our students with the opportunity to choose their preferred sport for each term. This will enable them to develop a deeper interest and expertise in their chosen sport.

However, few sports are compulsory for all students, as outlined in the table attached below. These sports are essential for developing overall physical fitness and well-being.

Grades	Term 1 April-September 2025	Term 2 October 2025- March 2026
Grade III	**Choice Based** Badminton Squash Aerobics (Compulsory Sports: Swimming, Gymnastics, Taekwondo)	**Choice Based** Football Basketball Cricket (Compulsory Sports: Swimming, Gymnastics, Taekwondo)
Grade IV	Badminton Squash Aerobics (Compulsory Sports: Swimming, Gymnastics, Taekwondo)	Football Basketball Cricket (Compulsory Sports: Swimming, Gymnastics, Taekwondo)
Grade V	Badminton Squash Aerobics (Compulsory Sports: Swimming, Gymnastics, Taekwondo)	Football Basketball Cricket (Compulsory Sports: Swimming, Gymnastics, Taekwondo)
Please find the link: Sports Choice Term 1 Grades III-V		

Grades	Term 1 April-September 2025	Term 2 October 2025-February 2026
Grade VI	Badminton Football Cricket (Compulsory Sport: Swimming)	Football Basketball Cricket (Compulsory Sport: Swimming)

Grade VII	Badminton Football Cricket (Compulsory Sport: Swimming)	Football Basketball Cricket (Compulsory Sport: Swimming)
Grade VIII	Badminton Football Cricket	Football Basketball Cricket
Grade IX	Badminton Football Cricket	Football Basketball Cricket
Please find the link: Sports Choice Term-1 Grade VI-IX		

Grades	Term 1 April-September 2025	Term 2 October 2025-February 2026
Grade X	Badminton Zumba	Football Zumba
Grade XI	Badminton Zumba	Football Zumba
Grade XII	Badminton Zumba	Football Zumba
Please find the link: Sports Choice Term-1 Grades X-XII		

Kindly fill the above link (respective class) for choosing the sport by Saturday, April 5, 2025.

Please note that once students have made their choice for a particular sport **(1 sport per term)**, they will be expected to stick with that sport for the entire term. This will help them develop a sense of commitment and responsibility.

We believe that this approach will not only foster a love for sports among our students but also help them develop essential life skills such as teamwork, discipline, and perseverance.

If you have any questions or concerns, please do not hesitate to reach our Sports HOD, Mr. Pawan at 9911686161

Warm regards,

Manisha Malhotra
Director Principal

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