SATYA/ACAD/CIR/2025-26/013 **April 11, 2025**

Dear Parents,

Namaste!

Swimming is an essential life skill and a great recreational sport that can be enjoyed by people of all ages. With the onset of Session 2025-26, we shall now be commencing the swimming lessons for **Early Years students, with effect from Wednesday, April 16, 2025.**

For the Early Years swimming is a **parent supervised activity before their regular school timings**. One of the parents must accompany the child. Once your child is done swimming, you are requested to shower and change them and send them to the classroom for their regular school day. If you feel your child maybe hungry after swimming, you can send an extra snack and inform the class teacher.

The swimming schedule is as follows-
Nursery & KG1 A – Monday 8:00 a.m. to 8:40 a.m.
KG2 A – Wednesday 8:00 a.m. to 8:40 a.m.

The students must carry the following duly labelled items on the day of their swimming lessons:

- Swimming one-piece costume/ Swimming Trunks
- Swimming Cap
- Towel
- Floaters on the day of their swimming session.
- Swimming goggles

The rules to be followed during the swimming lessons are as follows:

- Comply with all the instructions displayed around the pool.
- Observe the rules of personal hygiene displayed all over the swimming pool area.
- No student displaying any medical ailment symptoms/dermatological disease will be allowed inside the pool.
- Students with extended abrasions, blisters or open wounds should get information about the risk of infectionand avoid entering the swimming pool.
- All Medical Alert Notification cases are required to submit papers to the Home Room Teacher duly signed by the doctor for school records.

Once the swimmers are inside the pool, they will –

- Take an obligatory shower before and after using the swimming pool.
- Wear waterproof headgear (swim cap).

Protocols during practice for students across the school

- The bathrooms will be constantly cleaned and sanitized between practices.
- The students must NOT share any personal belongings with their friends.
- Swim bags to be taken home after every practice.

You are requested to fill in and return the attached **Consent Form and Medical Certificate by Tuesday, April 15, 2025,** to enable your ward to avail the facility. We will not be able to permit the use of the swimming pool without the requisite forms. Please encourage your child to participate and make use of the all-weather swimming pool.

Warm regards,

Manisha Malhotra
Director Principal

PARENT CONSENT FORM

I, Mr. / Mrs. …….. parent of …… student of class .....of Satya School, Gurugram do hereby give my willing consent for my ward to use the swimming pool. I understand that the school will take the utmost care. We indemnify the school in case of any unforeseen circumstances.

_____	_____	_____
Signature	Mobile Number	Date

_____
(Name of the parent)

Note –The school will take all safety precautions while conducting swimming, including the presence of 2 qualified swimming coaches, 2 lifeguards, security guard, lifebuoys and inflated tubes. The swimming activity will be properly supervised. However, swimming can only be permitted on receipt of the signed parent consent form.

MEDICAL CERTIFICATE

This is to certify that I have examined.....of class…… age…….. and found that he/she is not suffering from any chronic/contagious disease/dermatological ailment or/any disability which prevents him/her from swimming. As such he/she is fit for swimming.

Date……..

Doctor's signature
Name & Stamp with Regn.
No. Note:
This certificate must be signed by a registered MBBS doctor.