

SATYA/ADMN/CIR/2025-26/179

March 19, 2026

Dear Parent,

Namaste!

Swimming is an essential life skill and a great recreational sport that can be enjoyed by people of all ages. We are commencing the swimming lessons for **Grades Nursery to XII with effect from Wednesday, April 1, 2026** as the weather is conducive now.

**You are requested to send the scanned copies of parent consent and medical certificate latest by March 28, Friday 2026 to the class teacher.**

**\*Please Note: NURSERY TO KG2 Swimming is a parent supervised activity**, details of which will be shared by the Home Room Teacher.

**Please find below details for Grades I to XII:**

**The students must carry the following duly labelled items on the day of their swimming lessons:**

- Swimming one-piece costume/ Swimming Trunks
- Swimming cap
- Towel
- Floaters on the day of their swimming session.
- Swimming goggles

**The rules to be followed during the swimming lessons are as follows:**

- Comply with all the **instructions displayed** around the pool.
- Observe the **rules of personal hygiene** displayed all over the swimming pool area.
- No student displaying any medical ailment symptoms/dermatological disease will be allowed inside the pool.
- People with extended abrasions, blisters or open wounds should get information about the risk of infection and avoid entering the swimming pool.
- All **Medical Alert Notification** cases are required to **submit papers** to the Home Room Teacher / Class teacher duly signed by the doctor for school records.

**Once the swimmers are inside the pool, they will –**

- Take an obligatory shower before and after using the swimming pool.
- Wear waterproof headgear (swim cap).

**Protocols During Practice**

- The bathrooms will be constantly cleaned and sanitized between practices.
- The students must NOT share any personal belongings with their friends.
- Swim bags to be taken home after every practice.

You are requested to fill in and return the attached **Consent Form and Medical Certificate by Friday, March 28, 2026** to enable your ward to avail the facility. **We will not be able to permit the use of the swimming**

**pool without the requisite forms.** Please encourage your child to participate and make use of the all-weather swimming pool.

Warm Regards

**Manisha Malhotra**  
Director Principal

**PARENT CONSENT FORM**

I, Mr. / Mrs. .... parent of ..... student of class ..... of Satya School, Gurugram do hereby give my willing consent for my ward to use the swimming pool. I understand that the school will take utmost care. We indemnify the school in case of any unforeseen circumstances.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Mobile Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
(Name of the parent)

**Note** –The school will take all safety precautions while conducting swimming, including the presence of 2 qualified swimming coaches, 2 lifeguards, security guard, lifebuoys and inflated tubes. The swimming activity will be properly supervised. However, swimming can only be permitted on receipt of the signed parent consent form.

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**MEDICAL CERTIFICATE**

This is to certify that I have examined ..... of Class..... Age..... and found that he/she is not suffering from any chronic/contagious disease/dermatological ailment or/any disability which prevents him/her from swimming. As such he/she is fit for swimming.

Date.....

**Doctor's signature**  
**Name & Stamp with Regn. No.**

**Note:**

This certificate must be signed by a registered MBBS doctor.